

Dear Family,

Thank you for registering for Farm Trek! We are looking forward to a fun and active summer.

Farm Trek Schedule: Camp is from 9:00 a.m. until 3:00p.m. On **Monday** and **Tuesday** and **Wednesday** Trekkers will explore Turkey Hill Farm and other habitats in or near Cape Elizabeth. **Thursday** morning we will all meet at Turkey Hill Farm at 9:00 a.m. Campers will load up their overnight gear in our vans and depart with Farm Camp staff to either Wolfe's Neck Farm, in Freeport, or the Morris Farm, in Wiscasset, for a night of camping. Pickup on **Friday** will be back at Turkey Hill Farm, at 3:00. **Aftercare** is available each day until 5:00 p.m., at \$10/hour. Sign up each morning at camp.

Please send your child to Camp each day with the following:

- removable layers of clothing that can get dirty, a sun hat
- a change of clothing
- sneakers or a closed-toe rugged sandal
- a raincoat
- lunch, snacks for the day, and a filled water bottle

→ Please do **not** bring electronic games or cell phones.

For the camping trip also include:

- hiking boots or a sturdy sneaker
- a backpack
- sleeping bag, pillow (optional), sleeping pad
- overnight and warm clothing and toiletries
- a flashlight
- lunch for Thursday (we will provide TH supper & all food Friday).

On hot days, a bathing suit and towel is recommended as we may have sprinkler play.

Apply sunscreen and bug spray at home. Be aware our bug spray contains deet to protect against ticks and other insects; we apply it to the children prior to excursions into the woods or frog pond.

If your child needs an asthma inhaler, Epinephrine Pen or other medication at camp a form must be *filled out and signed by a doctor*. Please download the forms through the online Camp Doc registration. Once complete, scan and upload the document to your CampDoc profile, or return it to your camp.

Avoid packing food containing peanuts or other nut products to protect children who may have allergies.

farmcampkids.com
info@farmcampkids.com
207-200-8224

**FARM
CAMP**
at Turkey Hill Farm

Farm Camp
120 Old Ocean House Road
Cape Elizabeth, ME 04107

If someone other than a parent/guardian will be picking up your child, let us know.

If you have any registration questions, please call us at **207-200-8224**
or email: info@farmcampkids.com. We are looking forward to a great time at Farm Camp!

Yours truly,

Kevin Brewster and Holly Sheehan, Farm Camp Co-Directors
Farm Camp, LLC